

pib.gov.in
“5” (Home-MHA)

**Press Information Bureau
Government of India**

**Union Home Minister, Shri Amit Shah greeted the people on the occasion
of International Yoga Day 2020**

**Yoga is not just a way to keep fit, but also a medium to maintain balance
between body & mind, work & thoughts and also between human and
nature - Amit Shah**

**Yoga has received global acceptance due to the tireless efforts of Prime
Minister Narendra Modi - Amit Shah**

New Delhi: June 21, 2020

The Union Home Minister, Shri Amit Shah greeted the people on the occasion
of International Yoga Day today.

In his message, Shri Amit Shah has said ‘Yoga is much more than just a way of
keeping ones body healthy. It is a medium to maintain balance between body
and mind, work and thoughts and also between human and nature’.

The Union Home Minister further said that ‘Yoga is an unique gift of Indian
culture to entire humanity. The world has adopted Yoga now, it received global
acceptance due to the tireless efforts of Prime Minister, Shri Narendra Modi’.

Concluding his greetings on this occasion, Shri Amit Shah appealed to the
people to make Yoga a part of their daily lives.

<https://twitter.com/AmitShah/status/1274499822783877120?s=20>

NW/RK/PK/AD

