

F.No-E.32012/ADG (Med)/DME & RME/DA-1/2020 (Part File)/1166  
GOVERNMENT OF INDIA/BHARAT SARKAR  
MINISTRY OF HOME AFFAIRS/GRIH MANTRALAYA  
(POLICE-II DIVISION)

North Block, New Delhi  
May.31. 2021

Office Memorandum

Sub: **REVISED UNIFORM GUIDELINES FOR REVIEW  
MEDICAL EXAMINATION IN CENTRAL ARMED  
POLICE FORCES AND ASSAM RIFLES FOR GOs &  
NGOs : AMENDMENT THEREOF**

The undersigned is directed to refer to this Ministry's UO. No. A.VI-1/2014-Rectt (SSB) dated 20.05.2015 regarding Revised Uniform Guidelines for Recruitment Medical Examination for recruitment of GOs & NGOs in CAPFs & AR and to say that the existing procedures and processes involved in conducting the DME and RME have been causing inconvenience to the candidates, adversely affecting the recruitment cycles and causing avoidable delays in the whole recruitment process. Accordingly, the extant guidelines relating to the conducting of the Review Medical Examination have been reviewed with the objective of reducing the timelines and simplifying the procedures.

2. A Board of officers under the ADG (Medical) has revisited the guidelines on the subject and submitted recommendations. The recommendations of the Board of officers have been examined in the ministry and it has been decided that henceforth, the Review Medical Examination (RME) of candidates will be conducted in continuation of Detailed Medical Examination (DME). It has been decided to carry out the following amendments in the existing instructions referred to in para 1 above, for conducting review medical examination in CAPFs & AR, for GOs & NGOs:-

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(i) In the existing guidelines, the provisions relating to Review Medical Examination (RME) at pages 43-45 shall stand omitted and substituted by Annexure-A to this O.M.

(ii) In the existing guidelines, Annexures-III(A), III (B), IV & V at pages 52, 53, 54 & 55 respectively shall stand omitted and substituted by Annexure-A-1 of this O.M.


3. Necessary amendments, in accordance with the above, may be carried out in all recruitment notifications for future examinations.

4. The Revised Guidelines for Review Medical Examination in Central Armed Police Forces and Assam Rifles, for GOs & NGOs are enclosed at Annexure-'A' & 'A-1', for necessary action please.

5. Rest of the 'guidelines for Recruitment Medical Examination in CAPFs & AR' issued vide this Ministry's UO. No. A.VI-1/2014-Rectt (SSB) dated 20.05.2015 will continued to be followed.

6 This issues with the approval of Union Home Minister.

Encl: as above

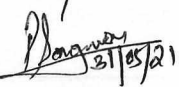


(K. Prakasham)  
Under Secretary (PF-VI)

The Director (s) General,  
AR/BSF/CRPF/CISF/ITBP/SSB & NSG

Copy to:-

ADG (Med) CAPFs, NSG & AR  
Directors (Med) AR/BSF/CRPF/CISF/ITBP/SSB & NSG



● **GUIDELINES FOR REVIEW MEDICAL EXAMINATION (RME) IN  
CENTRAL ARMED POLICE FORCES & ASSAM RIFLES**

As per laid down guidelines, optimum care should be taken in selection of candidates as a large number of candidates are available for selection. Every candidates must be medically fit to carry out tough duties of the Force. The discharge of the candidate on medical grounds within a few months of his/her enlistment results in loss of precious time in making selection as well as loss to the government's exchequer.

2. All candidates declared unfit during Detailed Medical Examination (DME) will be allowed to undergo Review Medical Examination (RME), provided they give their written consent by appending their signature on the intimation indicating the reasons for being unfit, as per **Annexure-A-1**.

3. Henceforth, RME of candidates will be conducted in continuation of DME preferably on the next day of DME.

4. The consent for RME as per Annexure-(A-1) duly signed by the candidate should be submitted within 24 hours after he/she is informed of his/her unfitness in DME.

5. Nodal Force for recruitment will endeavor to keep the venue for DME/RME in the vicinity of a Composite Hospital of CAPFs or Government Medical College/Hospitals, for facilitating specialist opinion/investigations etc, if required.

6. **Guidelines for Review Medical Boards:-**

(a) Review Medical Board shall examine the candidate specifically for the deficiency for which the candidate has been declared unfit. [Also, the medical term used as cause of unfitness during the Initial Medical Examination may differ from that arrived at by the Review Medical Board].

(b) It will be ensured that the Medical Officer who has conducted DME of a candidate is not part of the RME Board for the same candidate.

(c) The defect for which candidate has been declared unfit should be examined thoroughly and the findings must be supported by proper investigation reports, if applicable.

(d) Review Medical Board may obtain opinion of concerned specialists or super specialists of Govt. Medical College and Hospital in case of any doubt. Therefore, in cases of rejection in review medical examination, clinical findings should be corroborated with confirmatory tests/investigations/opinion of specialists/ super specialists of Govt. Hospitals/Medical Colleges/Govt. approved private medical centers, whichever and wherever applicable.

7. Following examples are cited for the guidance of Review Medical Board:-

- a) In any cardiac case like valvular defects, ECG/Echocardiogram must be carried out.
- b) In cases of suspected lesions of chest like Hilar lymphadenitis, calcified spots, Koch's infiltrations, any mass detected in X-Ray chest etc CT Chest should be carried out.
- c) For vascular defects like Varicose vein, vascular malformations etc, Colour Doppler should be carried out.
- d) To rule out any eye surgery like Lasik/ LASEK / PRK / PK/Glaucoma/ Squint/Pterygium Surgery etc. investigations may be carried out accordingly, viz. slit lamp examination /ophthalmoscopy /Corneal Topography/ OCT/ HVF/ Tonometry/VEP/ ERG / Synoptophore etc. should be carried out.
- e) For candidates who have been rejected on the ground of ~~hypertension/tachycardia~~ should be admitted/hospitalized by the Board before giving their final opinion regarding the candidate's fitness or otherwise. The hospitalization report should indicate whether the rise in blood pressure is of transient nature due to excitement etc. or whether it is due to any organic disease. In all such cases X-Ray and electro-cardiographic examinations of heart and blood

examinations like cholesterol/lipid profile, S. Creatinine etc, tests should also be carried out.

- f) For any suspected case of CAD, TMT test should be conducted.
- g) Any tremor in hands or other parts of body thyrotoxicosis should be ruled out and neurologist's opinion should be taken.
- h) For suspected Diabetes Mellitus cases GTT and Glycosylated Hb. test should be carried out.
- i) For Knock knee, bow leg, cubitus valgus and varus deformities, X-Ray plate with findings should be attached.
- j) For any type of deafness, audiometry should be carried out.
- k) For a case of dental points less than 14, OPG should be carried out.

8. These are a few examples to reiterate and bring home the point that in review medical examination candidates are subjected to require concerned investigations wherever and whenever applicable. Rejection merely on clinical findings is to be avoided. Any decision on rejection must be taken up with valid clinical findings fully justified and supported by corroboratory investigation reports and if needed opinion of specialists/ super specialists of Govt. Hospitals/Medical Colleges/Govt. approved private medical centers should be taken. When such confirmatory tests are required to be carried out routinely, time constraint should not be there and for not making review medical examination time bound, all concerned may be informed otherwise proper decision cannot be taken in such cases.

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**CAPFs RANK (CADRE) EXAMINATION .... (YEAR) FORM NO. CAPFs /RANK**  
**(CADRE)/1 MEMORANDUM UNFIT**

**Subject: Review Medical Examination of candidates found to be UNFIT in DME for the post of.....(Rank) in Central Armed Police Forces (CAPFs).**

Mr./Ms.....Roll No.....  
is hereby informed that he/she has been medically examined for recruitment to the post of.....(Rank) in CAPFs on ..... at..... and found UNFIT due to the reasons mentioned below:-

- (i) .....
- (ii) .....
- (iii) .....
- (iv) .....

2. You are hereby informed that you can apply for Review Medical Examination (RME) by signing on the consent form below. RME will be conducted on.....for which you are required to report at.....hours.

Date  
Centre

Signature of Medical Officers  
Name  
Stamp

**Counter-signature of the Presiding Officer with Seal**

**Result of Medical Examination received**

Name & Signature of the Candidate

**FOR USE OF CANDIDATE ONLY**

To

**The Presiding Officer of Recruitment Board**  
.....  
.....

**Subject- APPLICATION FOR REVIEW MEDICAL EXAMINATION.**

Sir,

I hereby convey my consent for undergoing Review Medical Examination.

Place.....  
Date.....

Signature-----  
Name -----  
Roll No.-----

(.....)  
**Signature of the Presiding Officer with Seal**